

The Relias Essential and Essential-Plus Libraries

Relias has the course topics that your staff need for both compliance and excellence

Relias Learning's **Essential Library** comprises healthcare courses for core skills and other statutory/mandatory training requirements, the Care Certificate, clinical topics, and dementia care. Our entire Essential Library comes as standard with our Relias Learning Management System, and every new topic we add to it our clients can access at no extra charge. Additionally, Relias courses are CPD-certified, so you can ensure your staff are getting the continuing professional development they need.



As an add-on to our Essential Library, we're also able to offer you our **Essential-Plus Library**, blending our own training with the very best in performance management and leadership courses from our partner Skillsoft, all delivered via our Relias Learning Management System.



Essential Library

CORE SKILLS

- Equality, Diversity & Human Rights
- Fire Safety, Level 1
- Health, Safety & Welfare
- Information Governance (England)
- Information Governance (Statutory Review)
- Moving and Handling Levels 1/2
- NHS Conflict Resolution (England)
- Resuscitation: Adult, Level 2
- Resuscitation: Paediatric, Level 2
- Safeguarding Adults, Levels 1/2/3
- Safeguarding Children, Levels 1/2/3

OTHER STATUTORY/ MANDATORY

- Bullying and Harrassment
- Chaperoning
- Consent
- Fall Management

- Food Hygeine for Health & Social Care Level 2
- GDPR
- Infection Prevention and Control, Levels 1/2
- Lone Worker Training
- Mental Capacity Act
- Mental Health Awareness
- Preparing for a CQC Inspection for GPs
- Top 10 CQC Inspection Fails

HEALTH AND SAFETY

- Accident and Injury Reporting (RIDDOR)
- Control of Substances Hazardous to Health (COSHH)
- Display Screen Equipment
- Waste Management

CARE CERTIFICATE

- Basic Life Support
- Communication

- Duty of Candour
- Duty of Care
- Equality and Diversity
- Fluids and Nutrition
- Health and Safety
- Infection Prevention
- Mental Health, Dementia and Learning Disabilities
- Privacy and Dignity
- Safeguarding Adults
- Safeguarding Children
- Understand Your Role
- Work in a Person Centred Way
- Your Personal Development

CLINICAL

- Alcohol and Substance Misuse Awareness
- Anaphylaxis Training
- Autism Awareness
- Bipolar Disorder
- Catheterization
- Clinical Supervision

- De-escalation Techniques
- Diabetes
- Effective Care Planning
- End of Life Care: Care of the Dying
- Ensuring Optimum Nutrition for Elderly People
- Hypertension
- Medication Management
- NEWS2: Updates in Sepsis Detection
- OCD Awareness in Care
- Oral Healthcare
- Pain Assessment & Management
- Parkinson's Disease Awareness
- Practical Medication Awareness
- Pressure Ulcer Prevention
- Schizophrenia
- Record-keeping
- Sepsis Detection, Collaboration and Measurement
- Tracheostomy Care

DEMENTIA CORE SKILLS

- Communication, Interaction and Behaviour in Dementia Care
- Dementia Awareness
- Dementia Identification, Assessment, and Diagnosis
- Dementia Risk Reduction and Prevention*
- End of Life Dementia Care
- Equality Diversity and Inclusion in Dementia Care
- Families and Carers as Partners in Dementia Care
- Health and Well-being in Dementia Care
- Law, Ethics and Safeguarding in Dementia Care
- Leadership in Transforming Dementia Care
- Living Well with Dementia and Promoting Independence
- Person-centred Dementia Care

- Pharmacological Interventions in Dementia Care
- Research and Evidence-based Practice in Dementia Care

COURSES COMING SOON

- Wound Management
- Continence Care in Social and Community Care

Essential-Plus Library

MANAGEMENT AND LEADERSHIP

- First Time Manager: Challenges
- First Time Manager: Understanding a Manager's Role
- Leadership Essentials: Motivating Employees
- Leading the Implementation of Change
- Management Essentials: Confronting Difficult Employee Behaviour
- Management Essentials: Delegating
- Successful Delegation: Supervise and Encourage

PERSEVERANCE AND RESILIENCE

- Achieving Goals through Perseverance and Resilience
- Bouncing Back with Perseverance and Resilience

CHANGE AND IMPROVEMENT

- Developing the Capacity to Think Strategically
- Implementing and Sustaining Change

- Instituting a Quality Improvement Program
- Managing for Rapid Change and Uncertainty
- Planning for Change
- Uncovering the Root Problem

FINANCE FOR NON-FINANCIAL PROFESSIONALS

- The Essentials of Budgeting for Non-financial Professionals

COMMUNICATION AND TEAMWORK

- Active Listening Skills for Professionals
- Administrative Professionals: Interacting with Others
- Basic Presentation Skills: Delivering a Presentation
- Being an Effective Team Member
- Business Writing: How to Write Clearly and Concisely
- Communicating during Difficult Times
- Communicating with Professionalism and Etiquette
- Effective Team Communication

- Handling Difficult Conversations Effectively
- Leading Teams: Fostering Effective Communication and Collaboration
- Leading Teams: Motivating and Optimising Performance
- Using E-mail and Instant Messaging Effectively
- Working in Healthcare Teams
- Written Communication

ETHICS AND PROFESSIONALISM

- Ethics, Integrity, and Trust
- Introduction to Workplace Ethics
- Professional Boundaries
- Professionalism, Business Etiquette, and Personal Accountability

CUSTOMER SERVICE

- Customer Service Confrontation and Conflict
- Customer Service over the Phone
- Internal Customer Service
- The Angry Caller: What's Your Plan?

INTERVIEWING AND RECRUITMENT

- Essentials of Interviewing and Hiring: Conducting an Effective Interview
- Essentials of Interviewing and Hiring: Preparing to Interview
- Essentials of Interviewing and Hiring: Selecting the Right Candidate

PERFORMANCE AND APPRAISALS

- Delivering Feedback
- First Steps for Turning Around a Performance Problem
- Performance Appraisal Essentials: Conducting Traditional Appraisals
- Performance Appraisal Essentials:

Planning for Appraisals

- Preparing for Your Performance Appraisal
- Receiving Feedback
- Recognising and Diagnosing Problem Performance

TIME AND PRIORITISATION

- Coping with Conflicting Priorities
- Setting and Managing Priorities
- Time Management: Too Much to Do and Too Little

WORKPLACE ESSENTIALS

- Asbestos Awareness
- Fire Warden/Marshall Training
- First Aid
- Legionella Awareness

RISK MANAGEMENT

- Risk Management: Assessing Risk
- Risk Management: Dealing with Risk
- Risk Management: Identifying Risk

WELLNESS

- Stress Management
- Weight Management

“For us it was clear that Relias is centred around our staff, and delivering quality. As suppliers go, Relias also stands out in its commitment to excellent service and support. We are delighted to be working with Relias, and even in month 1, we were already getting positive feedback from our staff.”

— Tom Clarke, Chief Executive, City and Vale GP Alliance

“The 22 GP practices in Eastern Cheshire are keen to work together through Vernova to deliver a consistent approach to quality improvement via training and education. The Relias platform has been ideal for standardising the training offer to staff across all 22 practices, and enabling a common approach to training governance. It allows managers across those practices to more easily demonstrate compliance with Care Quality Commission expectations in terms of core skills training.”

— Justin Johnson, Chief Executive, Vernova Healthcare

About Relias Learning

Relias Learning is the global leader in quality, affordable digital learning for the entire health and social care continuum. We provide a learning management system and online training to 7,000 health and social care organisations with over 3 million+ learners worldwide. It is our mission to help clients achieve the highest quality practice standards through interactive e-learning and mandatory training programmes.

info@relias.co.uk

Freephone: 0800 975 2941

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